Food insecurity continues to be an increasingly large problem in the lives of many Americans. Poverty affects families through many avenues, including their access to nutritious food. People’s health, performance at school or work, and overall well-being are affected dramatically if food insecurity is not addressed. If you are interested in learning more about food insecurity and helping those affected by it, consider applying to a weekend Alternative Break focused on Food Insecurity in Urban Environments!

During this weekend-long alternative break to New Haven, CT, **participants will volunteer at local non-profits focusing on food justice and food insecurity.** Participants will become aware of New Haven and other Connecticut area food deserts & food swamps and work with agencies combating these issues. Typical service involves working on community gardens or with soup kitchens. The group will meet four times prior to the weekend and will meet once or twice after the trip. All majors and experience levels are encouraged to apply!

**Trip Dates: April 5th-April 7th, 2019**

**Application Deadline: February 13th at noon**

Apply [here](#)!

More information about the alternative break and other trips: [https://communityoutreach.uconn.edu/alternativebreaks/](https://communityoutreach.uconn.edu/alternativebreaks/)

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New Haven Food Insecurity in Urban Environments Spring Weekend Alternative Break  
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